



*Are you providing
much needed care
for a loved one,
friend or family
member?*

For support, information and advice around
your caring role please come along to our

*** Drop In for Carers ***

Meet Imaan, the carer support worker for
the Wollaton area

WHERE

**Wollaton Park Community Centre
Harrow Road, Wollaton, Nottingham, NG8 1FG**

WHEN

First Wednesday of the Month

TIME

12pm–2.00pm

Parking & disabled access available

For more
information, contact:
Nottinghamshire Carers Hub
0115 824 8824
hub@carerstrustem.org



**Nottingham
City Council**