



*Are you providing
much needed care
for a loved one,
friend or family
member?*

For support, information and advice around
your caring role please come along to our
Sherwood Drop In for Carers

Meet Helen, the carer support worker for
the Sherwood area

WHERE

Sherwood Library
Spondon Street, Mansfield Road, Nottm, NG5 4AB

WHEN

Monday 5 March 2018
Monday 9 April 2018
Monday 14 May 2018

TIME

10am–12.00pm
Parking & disabled access available

For more
information, contact:
Nottinghamshire Carers Hub
0115 824 8824
hub@carerstrustem.org



Nottingham
City Council