



**RADFORD CARE GROUP ARE HOLDING THEIR NEXT  
INFORMATION PROGRAMME FOR CARERS OF PEOPLE WITH DEMENTIA  
FROM**

**Tuesday 11<sup>th</sup> July – Tuesday 22<sup>th</sup> August 2017  
6.30 pm – 8.30 pm**

**At Radford Care Group Prospect Street Radford Nottingham NG7 5QE**

The free programme consists of seven, two hour weekly sessions, covering a different aspect of dementia at each session. The groups are facilitated by specialists in dementia group work and will consist of about 12 carers. Help with respite services and transport may be available. The carers are asked to contribute £2.50 per session towards refreshments.

We are happy to take referrals from both Nottingham City and County. Early booking is recommended.

The Information Programme has been very successful and proved to be of considerable value to carers who are often coping alone and in difficult circumstances.

*"I found the information evenings I attended with my mum a very very helpful source of information for us to learn about my dad's dementia. Without the info provided I would not be able to cope with some of the experiences we are going through right now, as I would not understand what is going on in my dad's head and I wouldn't be able to help him. These courses are very important for helping people cope with experiences like this in life".*

*"Within the first hour of the first session I felt like someone had wrapped me in a warm blanket – I no longer felt alone"*

To book a place, refer a carer or for further information about the Information Programme, please call **Radford Care Group on 0115 9786133.**

Or email [info@radfordcaregroup.org.uk](mailto:info@radfordcaregroup.org.uk)

Web [www.radfordcaregroup.org.uk](http://www.radfordcaregroup.org.uk)