



Training Courses for PA's & Unpaid Carers

The information on this flyer gives an indication of the course content. Courses are generally run at our office in Lady Bay, West Bridgford, but most can be carried out at a location to suit you.

If you are interested in booking a place, get in touch so I can complete the Nottinghamshire County Council application form and send this off. If eligible, you will be allocated a place on the next available course, or given a few dates to choose from.

If you are interested in a course that is not listed, or require a change to an existing course, please contact David Bailey on 0115 969 6108 or by email on percurreaservices@percurra.com

Most courses are 2-4 hours long with the exception of Moving & Positioning which can take 6 hours depending on the experience of learners. Some courses can be combined to minimize the time spent away from supporting others.

Course	Course Outline
<i>How to Support Adults with Epilepsy</i>	Facts about epilepsy including the triggers of and identifying seizures. How to manage seizures safely and with dignity including recording and monitoring. Administration of buccal midazolam. Accessing resources and support to self-manage epilepsy
<i>Safeguarding of Adults</i>	What is abuse and who is a vulnerable adult. Provide an understanding of the forms and types of abuse; learn some of the signs of possible abuse and the role of the carer if abuse is suspected.
<i>Moving & Positioning</i>	The theory and practical aspects of safe moving and positioning of people using approved techniques. Includes: bed to chair; bed to standing; sitting to standing and vice versa; hoisting; use of rotunda; slide sheets; transfer boards and walking aids.
<i>Stoma Care</i>	Understanding what a Stoma is and why are they used. Generic Stoma care (not client specific) including monitoring and infection control
<i>Dementia Awareness</i>	Covers the different causes, types, signs and symptoms and the Care Workers' roles and responsibilities towards people with Dementia. Practice and explore the issues surrounding a person centered approach to dementia care
<i>Equality, Diversity & Choice</i>	Define equality and diversity by looking at the UK as a diverse nation. Understand beliefs, values and attitudes and how they impact on the individual and society. How to promote equality and choice
<i>Continence & Catheter Care</i>	Describe the basic anatomy and physiology of the urinary tract and large bowel. The common causes of incontinence, infection and constipation and simple management strategies. Correct application of continence pads, criteria for catheter use and care for indwelling catheters.
<i>Tissue Viability</i>	Describe the anatomy and physiology of skin. What are Pressure sores and how can they be prevented, observed, graded, treated, managed and dressed

Course	Course Outline
<i>Dysphagia</i>	Training to cover the day to day support of clients who have potential swallowing problems. Understand the swallowing process and manage clients with their eating and drinking including signs and symptoms to look for
<i>Autism Awareness</i>	A description of Autism including the signs and symptoms. The Triad of Impairments. Conditions related to Autism. Nurturing the Environment
<i>Food Safety, Hydration & Nutrition</i>	Safe preparation of food in a homecare situation. The importance of a balanced diet and why we need fluids. Signs and symptoms of dehydration and malnourishment and what to do.
<i>Health & Safety in Care</i>	Health and Safety legislation and the link to policies and procedures (where appropriate). Define 'hazard' and 'risk' and understand risk assessment. Covers the basics of Hazardous substances, Fire Safety and Stress.
<i>Visual Impairment</i>	Covers the major causes of and gives an indication of what it is like to have the different forms of visual impairment. All learners will have the chance to lead and be led to understand ways to care for a visually impaired person
<i>Diabetes Awareness</i>	Understand the different forms of Diabetes and identify the signs and symptoms of hypo or hyper glycaemia. Investigate a healthy diabetic diet. Taking blood sugar measurements and managing common problems
<i>Multiple Sclerosis Awareness</i>	Understanding Multiple Sclerosis – what causes the condition, the diagnosis and signs and symptoms. How to support clients and help them manage their condition.
<i>Mental Capacity Act & Deprivation of Liberty Safeguarding</i>	Covers the key elements of the Mental Capacity Act and the five principles that underpin the Act. Looks at Deprivation of Liberty Safeguards using case studies.
<i>Administering Medication</i>	What is medication and why do we take it? The role of the carer and the community team and the applicable legislation. Types of medication including controlled drugs, possible side effects, storage and disposal. Checking and documenting medication including labelling, prescriptions and MAR charts including common errors and what to do if an error has occurred
<i>Basic Life Support</i>	Understand what to do in an emergency including getting help and what to do until help arrives. This includes resuscitation, checking levels of response, management of seizures and convulsions, choking, the respiratory system, anaphylaxis and other common life threatening conditions.

Emergency & Temporary Care Support

We also provide emergency and temporary cover for when Personal Assistants or Carers are on holiday, absent due to sickness or require time to attend training courses.

For further information contact:

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