

Welcome to Our New Trustee!



We are absolutely delighted to announce that we have recently welcomed a new Trustee to our Board. Emily Convery works for East Midlands Ambulance Service as a Strategy and Planning Manager, and has joined us in order to give something back to the local communities in which she lives and works. She brings with her a wealth of experience in strategy planning, learning and development and leadership. Christine and the Senior Management Team are looking forward to involving her in some of the work they do, and utilising her skills to help drive the organisation forward.

A Few Words from Emily...

I am really proud to join the Board of Trustees here at Carers Trust East Midlands, from what I have seen, heard and read so far, I have become a part of something great. Although I have never considered myself a carer, I know that at some point this is likely to be a role I will play in my life. To be honest, I find the idea a little daunting, it is a great responsibility and I know it can turn lives upside down. So I am thrilled to be involved in the work that is done here at Carers Trust East Midlands to support those people who are caring for their loved one. It is reassuring to know that people don't have to be alone in caring for others and I hope I can provide the right support and guidance to ensure we continue to be a highly regarded service which is there for the people who need it the most.

For those of you who would like to know a little about me personally - here it is... I currently work as a Strategy and Planning Manager at East Midlands Ambulance Service. I have been with the Ambulance Service for 7 years, of which I have spent most of my time working in the Organisational Learning department as a Leadership and Management Development Lead designing and delivering various leadership courses. Prior to this I have worked as an NHS Smoking Cessation Advisor and a Programme Tutor in the National Probation Service helping people to change their behaviours. I am a qualified business coach and mediator, I have volunteered in the Samaritans and provided residential support to students whilst I was studying at University (as well as doing the obligatory bar job!). I studied Psychology and have a genuine interest in people, so probably come across as a bit nose at times! I love the great outdoors and try to spend as much of my free time as I can out in the nearby Peak District climbing or walking with my husband and dogs, and despite my deceptively slight frame I have a great love of food and cooking. I look forward to bumping into you when I am around and about.