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यह दस्तावेज़ अनुरोध किए जाने पर अन्य भाषाओं और प्रारूपों में उपलब्ध है।

ਇਹ ਦਸਤਾਵੇਜ਼ ਬੇਨਤੀ ਕੀਤੇ ਜਾਣ ਤੇ ਹੋਰ ਭਾਸ਼ਾਵਾਂ ਅਤੇ ਰੂਪਾਂ ਵਿੱਚ ਉਪਲਬਧ ਹੈ।

در صورت درخواست این سند به زبانها و شکلهای در اختیار شما قرار می گیرد.

یہ دستاویز دیگر زبانوں اور مطلوبہ شکلوں (فارمیٹ) میں بھی دستیاب ہے

هذه الوثيقة متاحة بلغات أخرى وباشكال غير الكتابة المقررة وذلك عند الطلب

Contact details:

Family Interventions Team,
Mental Health Unit,
Bassetlaw Hospital,
S81 0BD
bftenquiries@nottshc.nhs.uk
Tel: 01909 502025

www.nottinghamshirehealthcare.nhs.uk



Adult Mental Health

Directory of Carer Support and Involvement Opportunities



Adult Mental Health Carer Support Groups



Rosewood Involvement Centre

Contact: 0115 956 0845 Ext. 14242
07917232929

Venue: The Rosewood Centre,
Church Circle, New Ollerton, Newark
Nottinghamshire

Postcode: NG22 9SZ

Involvement Centre - DMH

Contact: 0115 9934567

Twitter: @InvolveT1

OR

Contact: 0115 9529430 Mobile:
07786915464

Venue: Duncan Macmillan House
Porchester Road, Nottingham

Postcode: NG3 6AA

Open Mon-Fri 10.00am - 4.00pm

Closed first Wednesday of each month

Bassetlaw Carer Support Group

1st Tuesday of every month

Time: 1.30pm - 3.30pm

Contact: 01909 502025

Venue: Bassetlaw Hospital, Mental
Health Unit, Kilton Hill, Worksop
Nottinghamshire

Postcode: S81 0BD

Bracken House Carers, Family and Friends Evening

3rd Wednesday of every month

Time: 6.30pm - 8.00pm

Contact: 01623 404624

Venue: Bracken House Recovery Unit,
Heather Close, Dallas Street, Mansfield

Postcode: NG18 5QL

Carers, Family and Friends Community of Interest/Carer Strategy Group

Contact: 0115 993 4567

Venue: Duncan Macmillan House,
Porchester Road, Nottingham

Postcode: NG3 6AA

Adult Mental Health Carer, Family and Friends



Involvement Opportunities

Carer, Family and Friends of Deaf People Forum

3rd Wednesday of every month
Time: 1.00pm - 3.00pm

Contact: 0115 9555446

Venue: The Rosewood Centre,
Church Circle, New Ollerton,
Newark, Nottinghamshire
Postcode: NG22 9SZ

Highbury Carers' Group

Last Wednesday of every month

Time: 2.00pm - 3.30pm

Contact: 0115 8760100 Ext. 12361

Venue: Meeting Room, Highbury,
Highbury Vale, Bulwell, Nottingham

Postcode: NG6 9DR

Time to Talk

Every Wednesday

Time: 4.00pm - 6.00pm

Contact: 0115 955 5360

0790 574 0639

0115 969 1300 Ext. 12325

Venue: Highbury Hospital, Family Room
Highbury Vale, Bulwell, Nottingham

Postcode: NG6 9DR

Time B2 Talk

Every Sunday

Time: 2.00pm - 3.00pm

Contact: 01909 502025

(Monday to Friday 9am to 5pm) or
01909 502032 (out of hours)

Venue: Dining room, Ward B2, Mental
Health Unit, Bassetlaw Hospital, Kilton
Hill, Worksop, Nottinghamshire

Postcode: S80 0BD

Hughendon Carers' Group

2nd Monday of every month

Time: 12.00pm - 2.00pm

Contact: 0115 9691300 Ext. 12261

Venue: Duke of Cambridge Pub (back
room), Woodborough Road, Mapperley
Nottingham

Postcode: NG3 5FH

Mansfield and Ashfield Carer Support Group

2nd Wednesday of every month

Time: 2.00pm - 4.00pm

Contact: 01159560858
07824838574

Venue: St Peter's Church, Mansfield
Nottinghamshire

Postcode: NG18 1AP

145 Thorneywood Mount Carers' Group

Monthly

Date and time varies based on carer needs
and availability

Phone: 0115 8440521

Venue: 145 Thorneywood Mount,
Thorneywood, Nottingham

Postcode: NG3 2PY

**ROSIE'S
Resources, Opportunities, Support,
Information, Enjoyment for Supporters**

3 monthly 1st Thursday

Time: 1.00pm - 3.00pm

Phone: 0115 956 0845 Ext. 14242
07917232929

Venue: The Rosewood Centre, Church
Circle, New Ollerton, Newark
Nottinghamshire

Postcode: NG22 9SZ

Newark Carer Support Group

3rd Tuesday of every month

Time: 1.00pm - 2.30pm

Contact: 01909 502025

Venue: ASDA Superstore, Lombard
Street, Newark

Postcode: NG24 1XG

Recovery College

Monday - Friday

Time: 9.30am - 4.30pm

Contact: 01159560827

Venue: Duncan Macmillan House

Porchester Road, Nottingham

Postcode: NG3 6AA

Rosehips Dance Group

Every Tuesday

Time: 1.00pm - 3.00pm

Contact: 0115 8542216

07917554505

Venue: Village Hall, Mansfield Road

Edwinstowe, Nottinghamshire

Postcode: NG21 9NJ