



*Are you providing
much needed care
for a loved one,
friend or family
member?*

For support, information and advice around
your caring role please come along to our

*** Drop In for Carers ***

Meet Imaan, an experienced carer support
worker, find out your entitlements

WHERE

**Thomas Helwys Baptist Church
Church Street, Lenton,
Nottingham, NG7 1SJ**

WHEN

First Tuesday of the Month

TIME

12pm–2.00pm

For more
information, contact:
Nottinghamshire Carers Hub
0115 824 8824
hub@carerstrustem.org



**Nottingham
City Council**