



Are you providing much needed care for a loved one, friend or family member?

- come and meet other carers and access information, support and training at the

Keyworth Carers Support Group

**Merry Christmas
and
Happy New Year !!!**

16th January 2020

Doreen Gee will be joining the group to talk about the Keyworth Day Centre and answer questions on the great service they provide and the benefits to carers. We will also discuss accessing care, the threshold for self-funding and alternatives to care homes.

20th February 2020

Meet Bina Menz from Estate Planning LTD, she will give advice on how we can plan ahead in property, wills and trusts etc. This will be beneficial to carers and cared for both now and in the further.

19th March 2020

Suzanne from County Enterprise Foods will join the group to discuss the benefits of the meals at home service and the safe and well-being checks that they provide with the service.

WHERE

Keyworth Village Hall
Elm Avenue, Keyworth
NG12 5AN

WHEN

Third Thursday
of the Month

10.30am—12.30pm

For more information
contact:

Nottinghamshire Carers Hub

0115 824 8824

hub@carerstrustem.org

**Keyworth Support Worker
Hayley Wormsley**



**Nottinghamshire
County Council**