

# Looking after someone?



## Know your rights as a carer?

Find out how to get the help and support you are entitled to by coming to one of our information and advice drop in sessions below on

**Thursday 21<sup>th</sup> November 2019**

### NEWARK HOSPITAL

Outpatients,  
Boundary Road  
Newark, Nottinghamshire  
NG24 4DE  
8.30 am - 11.30 am

### KINGS MILL HOSPITAL

Mansfield Road,  
Sutton in Ashfield  
Nottinghamshire  
NG17 4JL  
9.30 am - 1.00 pm

### KEWORTH SUPPORT GROUP

Keyworth Village Hall,  
Elm Avenue,  
Nottinghamshire  
NG12 5AN  
10.00 am - 12.00 pm

### THE CROSSING CHURCH AND CENTRE

Newcastle Street  
Worksop, Nottinghamshire  
S80 2AT  
10.00 am - 12.00 pm

For more information, contact:  
Nottinghamshire Carers Hub  
**0115 824 8824**

[hub@carerstrustem.org](mailto:hub@carerstrustem.org) / [www.carerstrustem.org](http://www.carerstrustem.org)

