

NOTTINGHAMSHIRE COUNTY

**young
carers**

#EMPOWER #SUPPORT #IDENTIFY #INVOLVE

GET YER



SKATES ON!

Are you a young carer providing much-needed care for a loved one or family member?

- come and meet other young carers and access *information, support and fun activities at the*

Ashfield Young Carers Support Group

at

Lammas Leisure Centre
Lammas Road
Sutton-in-Ashfield
NG17 2AD

**Tuesday,
29th January 2019**

Group:

4.30 pm–5.00 pm

Ice Skating:

5.00 pm–6.30 pm

To book, please contact:
Nottinghamshire Carers Hub

0115 824 8824

hub@carerstrustem.org

Funded by:

