



*Are you providing
much needed care
for a loved one,
friend or family
member?*

For support, information and advice around
your caring role please come along to the

ACNA - Drop In for Carers

Meet Jassent, adult carer support worker

WHERE

**ACNA Afro-Caribbean National Artistic Centre
31 Hungerhill Road, St Anns
Nottingham NG3 4NB**

WHEN

Every 4th Wednesday of the Month

TIME

12.00pm–2.00pm

Parking & disabled access available

For more
information, contact:
Nottinghamshire Carers Hub
0115 824 8824
hub@carerstrustem.org



**Nottingham
City Council**