



*Are you providing  
much needed care  
for a loved one,  
friend or family  
member?*

For support, information and advice around  
your caring role please come along to our

## **\* Drop In for Carers \***

Meet Imaan, the carer support worker for  
the Wollaton area

### **WHERE**

Wollaton Park Community Centre  
Harrow Road, Wollaton, Nottingham, NG8 1FG

### **WHEN**

Wednesday 3rd October 2018  
Wednesday 7th November 2018  
Wednesday 5th December 2018

### **TIME**

12pm—2.00pm

Parking & disabled access available

For more  
information, contact:  
Nottinghamshire Carers Hub  
0115 824 8824  
hub@carerstrustem.org



**Nottingham**  
**City Council**