



Nottingham University Hospitals   
NHS Trust



Are you providing much needed care for a loved one, friend or family member?

For support, information and advice around your caring role please come along to our **QMC Drop In Sessions for Carers.**

<b>DROP-IN SESSIONS</b>	<b>Wednesday 10<sup>th</sup> January 2018 12pm to 4pm</b>
<b>WHEN &amp; WHERE?</b>	<b>Wednesday 14<sup>th</sup> February 2018 12pm to 4pm</b>
	<b>Information Corner 'All Things Trams Here', B Floor, Main Entrance, QMC Campus</b>

Unable to attend the drop-in sessions?

Call the Carers Hub on **0115 824 8824**

Email: [hub@carerstrustem.org](mailto:hub@carerstrustem.org)