

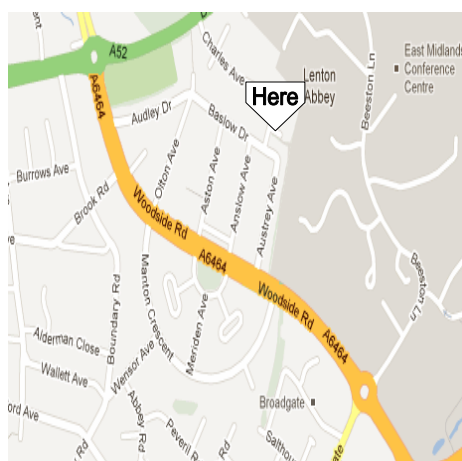


*Are you providing
much needed care
for a loved one, friend
or family member?*

Come along and meet Zobia,
carer support worker at ...

Lenton Abbey Drop In for Carers

Get support, information, advice and
guidance around your caring role



WHERE

**Sheila Roper Community Centre
Tenants Hall Close off Baslow Drive,
Lenton Abbey, Nottingham, NG9 2RW**

WHEN

**Tuesday 19th September 2017
Tuesday 17th October 2017
Tuesday 21st November 2017
Tuesday 19th December 2017**

TIME

9.30am–10.30am

*Parking & disabled access available
All carers welcome*



For more information, contact:

Nottinghamshire Carers Hub

0115 824 8824

hub@carerstrustem.org



**Nottingham
City Council**