



Are you providing much needed care for a loved one, friend or family member?

... come and meet other carers and access **information, support and training** at the **Bulwell Carers Support Group**

What would you like for future groups? Come along and join the discussion

Information & Advice?

Guest Speakers?

First Aid Training?

Events?

WHERE

Tesco Superstore
Community Room
(next to the Café)

Bulwell

Nottingham

NG6 8EQ

WHEN

First Friday
of Month

1.30pm–3.30pm

(For more

information, contact:

Nottinghamshire Carers Hub

0115 824 8824

hub@carerstrustem.org



Nottingham

City Council