

MANSFIELD & ASHFIELD  
**young  
carers**

#EMPOWER #SUPPORT #IDENTIFY #INVOLVE

**GET YER**



**SKATES ON!**

*Are you a young carer providing much-needed care for a loved one or family member?*

- come and meet other young carers and access *information, support and fun activities at the*

**Ashfield Young Carers Support Group**

**WHERE**

Lammas Leisure Centre  
Lammas Road  
Sutton-in-Ashfield  
NG17 2AD

**WHEN**

**Tuesday, 16th January 2018**

**Group:**

**4.30 pm–5.00 pm**

**Ice Skating:**

**5.00 pm–6.30 pm**

For more information,  
please contact:

Nottinghamshire Carers Hub

0115 824 8824

[hub@carerstrustem.org](mailto:hub@carerstrustem.org)

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